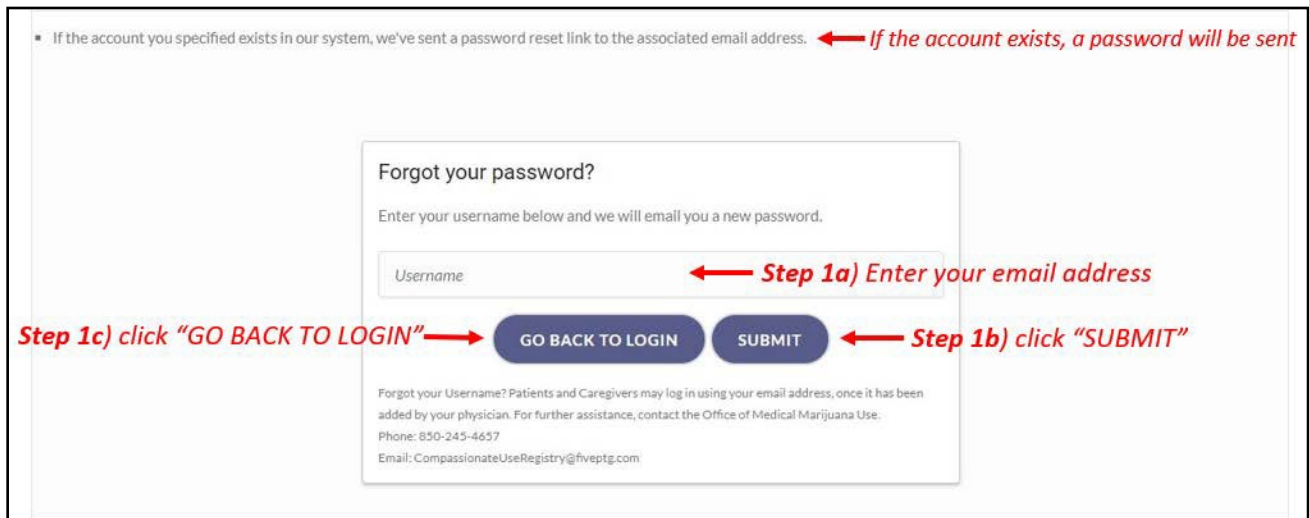# Understanding the Registry
Patient and Caregiver Password Reset Login Instructions

Step 1: You can request to reset your password by going to the Registry at:
https://mmuregistry.flhealth.gov/Public/ForgotPassword.

   a) Enter your Username (Your username is your email address).
   b) Click "Submit." A message will state that, if the account exists, a link has been sent to the email address.
   c) Click "Go Back to Login."

Step 2: Go to your email account and locate the email with "Password Reset" as the subject line. Utilize the most recent "Password Reset" email. The temporary link is only valid for one login attempt and must be used within 24 hours.

*If you do not find the "Password Reset" email, click here for additional information.

Step 3: Click on the "Reset Password" link in the email. This link will take you to the "Change Password" screen.

Step 4: Create your new password. You need to add a password to your Registry account that is unique to you. It must be at least 10 characters long and include each of the following:

- Lowercase letters (a-z)
- Uppercase letters (A-Z)
- Numbers (0-9)
- Special characters (!"#$%&'()*+,-./:;<=>?@[\]^_`{|}~)
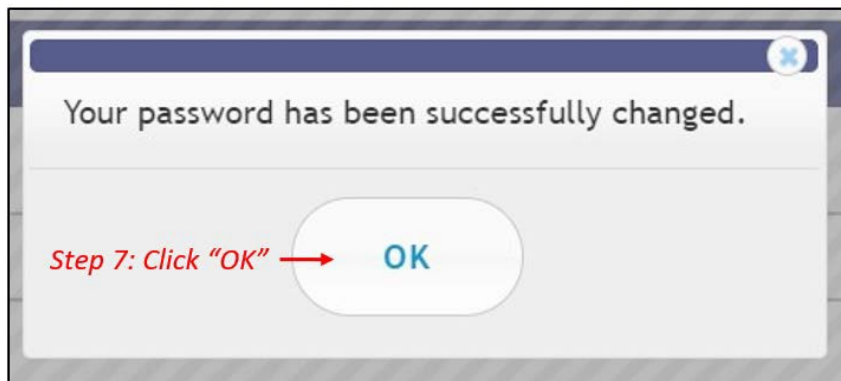
You can click "Show Password" for help.

Step 5: Confirm your new password.

Step 6: Click "Submit."

Step 7: A message box will pop up stating, "Your password has been successfully changed." Click "Ok."

Step 8: You will be taken back to the home page where you must log in using the **new password** you created in Step 4.